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## **PARTICIPANT RIGHTS**

As a client of ALTERNATIVES Alcohol and Drug Abuse treatment you have rights which include, but are not limited to the following: The right:

- a. To confidentiality as provided for in Title 42, Code of Federal Regulations, Part 2.
- b. To be treated with consideration, respect and full recognition of your dignity and individuality, including privacy in treatment and in care for your personal needs in contacts with staff, volunteers, board members and other persons associated with the program.
- c. To be accorded safe, healthful and comfortable accommodations to meet your needs.
- d. To be free from verbal, emotional, physical abuse and/or inappropriate sexual behavior.
- e. To be informed of the procedures to file a grievance or appeal discharge including, but not limited to, the address and telephone number of the licensing or certifying agency.
- f. To not be discriminated against in the receipt of services due to ethnic group identification, religion, age, sex, color or disability.
- g. To access information kept in your treatment files in accordance with ALTERNATIVES for Better Living Policy and Procedure on client access to treatment files
- h. To be fully informed, as evidenced by your written acknowledgment prior to or at the time of admission and during stay, of these rights and of all rules and regulations governing client conduct.
- i. To be afforded the opportunity to participate in the planning of your treatment and to refuse to participate in experimental research.
- j. To refuse treatment to the extent permitted by law and to be informed of the consequences of such refusal.
- k. To be transferred or discharged only for medical reasons; or the welfare of other clients; non-compliance of cardinal program rules; or for non-payment for their treatment and to be given personal advance notice when possible in order to ensure orderly transfer or discharge; such actions to be documented in their health record.
- l. To be informed of the expectations of the treatment program and what you must do to successfully complete the program.

If you feel you have been unjustly discharged or denied services or have complaints about possible violations of these rights or complaints about the management of the program you may address your concerns to the Executive Director of ALTERNATIVES, to the Patient's Rights advocate, (707) 253-4306, or in writing to: 2344 Old Sonoma Road, Napa, CA 94559 or the Department of Alcohol and Drug Programs, Licensing and Certification Unit, 1700 K Street, Sacramento, CA 95814, (916) 322-2911.

ACKNOWLEDGMENT: I have been personally advised and have received a copy of these rights at the time of admission to ALTERNATIVES for Better Living.

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Client Signature

Date

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I have reviewed this document with the above person and answered any questions.

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Staff Signature

Date

